

Character Strengths

<p>Entusiasmo ENTHUSIASM <i>approaching life with excitement and energy; feeling alive and activated</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Actively participates <input type="checkbox"/> Shows enthusiasm <input type="checkbox"/> Invigorates others
<p>Auto-Disiplina SELF-CONTROL <i>regulating what one feels and does; being self-disciplined</i></p>	<p>School Work</p> <ul style="list-style-type: none"> <input type="checkbox"/> Comes to class prepared <input type="checkbox"/> Pays attention and resists distractions <input type="checkbox"/> Remembers and follows directions <input type="checkbox"/> Gets to work right away rather than procrastinating <p>Interpersonal</p> <ul style="list-style-type: none"> <input type="checkbox"/> Remains calm even when criticized or provoked <input type="checkbox"/> Allows others to speak without interruption <input type="checkbox"/> Is polite to adults and peers <input type="checkbox"/> Keeps temper in check
<p>Gratitud GRATITUDE <i>being aware of and thankful for opportunities that one has and for good things that happen</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Recognizes and shows appreciation for others <input type="checkbox"/> Recognizes and shows appreciation for his/her opportunities <input type="checkbox"/> Recognizes and shows appreciation for God
<p>Exploración CURIOSITY <i>taking an interest in experience and learning new things for its own sake; finding things fascinating</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Is eager to explore new things <input type="checkbox"/> Asks and answers questions to deepen understanding <input type="checkbox"/> Actively listens to others
<p>Auto-Seguridad CONFIDENCE</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Positive Identity and self esteem <input type="checkbox"/> Personal power <input type="checkbox"/> Sense of Purpose <input type="checkbox"/> Trust and belief in others <input type="checkbox"/> Assurance <input type="checkbox"/> Belief in oneself and ones ability to succeed
<p>Ganas GRIT <i>finishing what one starts; completing something despite obstacles; persistence and resilience.</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Finishes whatever he or she begins <input type="checkbox"/> Tries very hard even after experiencing failure <input type="checkbox"/> Works independently with focus
<p>Tacto TACT <i>being aware of motives and feelings of other people and oneself; including the ability to reason within large and small groups.</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Able to find solutions during conflicts with others <input type="checkbox"/> Demonstrates respect for feelings of others <input type="checkbox"/> Knows when and how to include others
<p>Integridad INTEGRITY</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Strict adherence to a standard of value or conduct; personal honesty and interdependence
<p>Esperanza HOPE</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Expecting the best in the future and working to achieve it <input type="checkbox"/> Gets over frustrations and setbacks quickly <input type="checkbox"/> Believes that effort will improve his or her future