

SEARCH INSTITUTE'S

DEVELOPMENTAL RELATIONSHIPS FRAMEWORK

Express **CARE**
Show that you like me and want the best for me.

- ⇒ **Be Present** - Pay attention when you are with me.
- ⇒ **Be Warm** - Let me know that you like being with me and express positive feelings toward me.
- ⇒ **Invest** - Commit time and energy to doing things for and with me.
- ⇒ **Show Interest** - Make it a priority to understand who I am and what I care about.
- ⇒ **Be Dependable** - Be someone I can count on and trust.

CHALLENGE
Growth
Insist that I try to continuously improve.

- ⇒ **Inspire** - Help me see future possibilities for myself.
- ⇒ **Expect** - Make it clear that you want me to live up to my potential.
- ⇒ **Stretch** - Recognize my thoughts and abilities while pushing me to strengthen me.
- ⇒ **Limit** - Hold me accountable for appropriate boundaries and rules.

Provide **SUPPORT**
Help me complete tasks and achieve goals.

- ⇒ **Encourage** - Praise my efforts and achievements.
- ⇒ **Guide** - Provide practical guidance and feedback to help me learn.
- ⇒ **Model** - Be an example I can learn from and admire.
- ⇒ **Advocate** - Stand up for me when I need it.

Share **POWER**
Hear my voice and let me share in decision making.

- ⇒ **Respect** - Take me seriously and treat me fairly.
- ⇒ **Give Voice** - Ask for and listen to my opinions and consider them when you make decisions.
- ⇒ **Respond** - Understand and adjust to my needs, interests, and abilities.
- ⇒ **Collaborate** - Work with me to accomplish goals and solve problems.

Expand **POSSIBILITIES**
Expand my horizons and connect me to opportunities.

- ⇒ **Explore** - Expose me to new ideas, experiences, and places.
- ⇒ **Connect** - Introduce me to people who can help me grow.
- ⇒ **Navigate** - Help me work through barriers that could stop me from achieving my goals.