

BRINGING COMMUNITIES TOGETHER FOR MENTAL HEALTH

UNIENDO A LAS COMUNIDADES PARA LA SALUD MENTAL



COMMUNITY EVENTS - EVENTOS COMUNITARIOS

MAY 27 FAMILY FUN DAY - DÍA DE DIVERSIÓN FAMILIAR
LA PINTORESCA PARK | 11:00 AM - 3:00 PM
45 E WASHINGTON BLVD, PASADENA, CA 91103

JUNE 14 STARS MIND BODY WELLNESS FAIR - FERIA DE BIENESTAR
STARS COMMUNITY CENTER | 3:30 - 7:30 PM
500 E VILLA ST, PASADENA, CA 91101

JUNE 17 JUNETEENTH CELEBRATION - CELEBRACIÓN DEL 16 DE JUNIO
JACKIE ROBINSON COMMUNITY CENTER | 11:00 AM - 2:00 PM
1020 N. FAIR OAKS AVE., PASADENA, CA 91103

Get info about this event and others at
TakeActionLAC.com



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

MIND-BODY WELLNESS FAIR

Stars
ILLUMINATE. EDUCATE. ADVOCATE.

**TAKE
ACTION**
FOR MENTAL HEALTH
LA COUNTY



FREE & OPEN TO THE PUBLIC
WEDNESDAY JUNE 14, 2023

3:30 - 7:30PM

**500 E Villa St
Pasadena, CA 91101**

Fair will include:

- Resource tables
- **A tour of the Stars Community Center!**
- Nutrition education
- Fitness Classes
- **Wellness Activities**
 - **Educational games** and activities for children and youth
 - **Giveaways** for wellness items like yoga mats & stress balls

LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.



FERIA DE BIENESTAR

Stars
ILLUMINATE. EDUCATE. ADVOCATE.

TAKE ACTION
FOR MENTAL HEALTH
LA COUNTY



GRATIS Y ABIERTO AL PÚBLICO
MIÉRCOLES 14 DE JUNIO DE 2023

3:30 - 7:30PM

**500 E Villa St
Pasadena, CA 91101**

La feria incluirá:

- Tablas de Recursos • ¡Un tour de el centro comunitario de Stars!
- Educación de Nutrición • Clases de ejercicio • **Actividades de Bienestar**
- **Juegos y actividades didácticas** para niños y jóvenes
- **Regalos de bienestar** como colchonetas de yoga y pelotas antiestrés

LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

